



April is Sexual Assault Awareness Month (SAAM) and Child Abuse Prevention Month.

CONNECTIONS

The Center Against Sexual and Domestic Abuse, Inc. **Spring 2019**

I Ask! Sexual Assault Awareness Month 2019



CASDA and fellow members of Douglas County's Sexual Assault Coordinated Community Response Team (SA-CCR) will host a series of April events to engage the broader community in the 2019 Sexual Assault Awareness Month (SAAM) campaign.

This year's campaign theme, "I Ask," builds on the idea that consent is a healthy, normal, and necessary part of everyday interactions. "I Ask" champions the power of asking — whether it be asking to hold someone's hand, to request permission before sharing personal information with others, or to determine whether a partner is interested in sex. The campaign will also highlight the importance of listening to and accepting the answer without pressuring someone to change their mind.

In Superior, SAAM will open formally on Tuesday, April 2nd, at 9 a.m., with speakers and a mayoral proclamation in the Douglas County Government Center atrium. See our "Upcoming Events" list and the SAAM event flyer reprinted inside this newsletter for more opportunities and details.

CASDA's Sexual Assault Program Coordinator, Nicole Thole, encourages community members to get involved in SAAM activities and to consider the role we all play in preventing violence, supporting survivors and promoting healthy relationships. She says, "My vision is for everyone to recognize the impact that violence has on a community and to take action to help those who experience violence as well as prevent sexual assault and domestic violence. I want individuals to support positive sexuality, comprehensive and inclusive sexual health, and the use of consent in relationships."

According to the Rape, Abuse & Incest National Network (RAINN), an American is sexually assaulted every 92 seconds, and every nine minutes, that victim is a child. In 2018, CASDA provided sexual assault services to 84 individuals, amounting to nearly 650 direct service hours.

Launched in April 2001 by the National Sexual Violence Resource Center (NSVRC), Sexual Assault Awareness Month is an annual awareness and prevention campaign coordinated each April with assistance from anti-sexual assault organizations throughout the United States. For more information on this year's national campaign, visit www.nsvrc.org/saam.

Find CASDA online at www.casda.org, www.facebook.com/CASDAorg, <https://twitter.com/CASDASuperior>, and on Instagram @casdasuperior

- ### Upcoming Events
- ALL OF APRIL —**
Child Abuse Prevention Month "Pinwheels for Prevention" displays throughout Superior
- Tuesday, April 2nd, 9am —**
Sexual Assault Awareness Month (SAAM) Proclamation & Speakers, Douglas County Gov't Ctr Atrium
- Tuesday, April 2nd, 8am-noon —**
SAAM "Day of Action" Community Displays : Big Apple Bagels, Red Mug, UWS Yellowjacket Union
- Friday, April 5th, 10am —**
Child Abuse Prevention Month Proclamation & Speakers, Peter Rich Community Center
- Wednesday, April 10th —**
SAAM Teal Treats Offered at Wednesday Bakery
- Thursday, April 11th, 4:30-6pm —**
SAAM "Marginalized Bodies, Queer Consent," UWS Old Main, Pope Ctr.
- Monday, April 15th —**
SAAM Red Flag Campaign, UWS Campus
- Wednesday, April 17th, 5:30-9pm —**
SAAM Mock Trial & Discussion, UWS Yellowjacket Union Great Room
- Thursday, April 25th, 5-8pm —**
SAAM film "Audrie & Daisy" + pizza and discussion, VIP Pizza, Superior
- Thursday- Saturday, May 2nd-4th, 12-6pm —**
"Spring Into Giving" Donation Drive, Walmart, Superior
- Friday, July 26, 12 pm —**
"Socks for Survivors" Golf Scramble, Nemadji Golf Course

April is Child Abuse Prevention Month



Proclamation

April 5th 10AM

Peter Rich Community Center

Please join us as we come together to support efforts to prevent child abuse and neglect. Mayor Jim Paine and Douglas County Board Chair Mark Liebaert will jointly recognize April as Child Abuse Prevention Month in Douglas County. Numerous leaders from our community will speak about the issue of child abuse and the need for strong families and a strong community to create strong children.

In 2018, CASDA's Children's Program...

- ♦ served 66 children who were victims or witnesses of abuse
- ♦ worked with 58 non-offending parents
- ♦ provided education and awareness one or more times in seven different Pre-K-12 schools

In 2018...

- ♦ Local police reported children present during 55 incidents of domestic violence reported to CASDA

"I was really good at blaming myself for what was going on at home." ~Local Teen Survivor of Abuse

Pinwheels for Prevention!

Throughout the month of April, look out around town for CASDA's Children's Program

Sow Seeds of Love



SPRING INTO GIVING

Hosted by Superior Walmart Supercenter

May 2nd-4th, 2019

12:00pm - 6:00pm

We are in greatest need of:

- Gift Cards: Any \$\$\$ amount
- Household Items: Toilet Paper, Paper Towels, Kleenex, 42+gallon garbage bags, Deodorant, Shampoo & Conditioner, Lotion, Toothbrush & Toothpaste, Razors, Tampons, Pads
- Household Cleaners: Disinfectant Spray, All-purpose Spray, Bleach, Pine Sol, Dish Soap, Hand Soap, Windex, Dryer Sheets, Toilet Cleaner, Disposable Gloves, Hand Sanitizer
- Non-Perishable Foods: Sugar, Cereal, Canned Goods, Mac & Cheese, Soups, Oil, PB & Jelly, Sauces, Boxed Items, Coffee, Seasonings, Flour
- Over the Counter Medications: Tylenol, Advil, Tums, Cold meds, Benadryl, Kids medications

All donations benefit survivors of abuse residing in CASDA's Emergency Shelter.

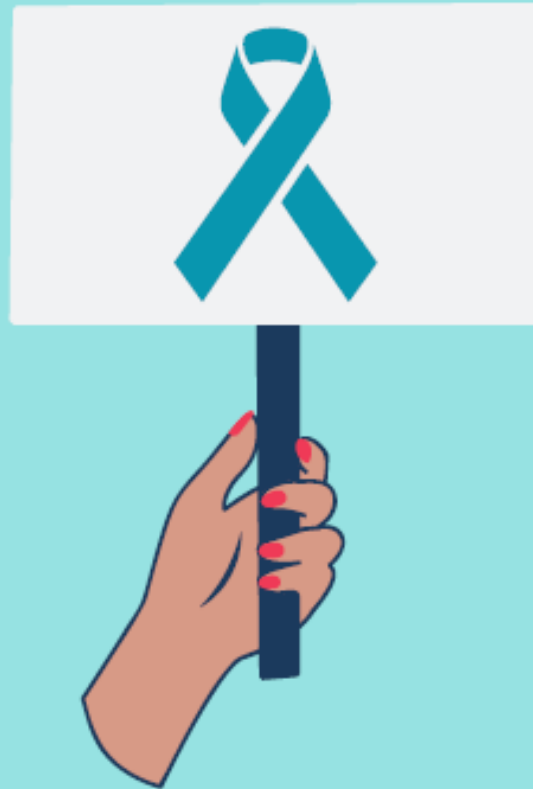
For more information, please call
715-392-3136



In 2018...

- ♦ 140 adults and 83 children were served in the Emergency Shelter,
- ♦ providing 5,064 nights of safety
- ♦ as well as 10,158 meals and 5,070 snacks

SEXUAL ASSAULT AWARENESS MONTH



1 CLOTHESLINE PROJECT

April 1st 11AM-1PM
UW-S YellowJacket Union, Rm 203
T-Shirt making event to raise awareness about sexual violence.

2 MAYOR'S PROCLAMATION

April 2nd 9AM
Douglas County Government Center
Join us to listen to community members discuss the issue of sexual assault and how it affects the Superior area.

3 WEDNESDAY BAKERY

April 10th 9AM-5:30PM
1202 Ogden Ave. Superior WI
Wednesday Bakery will have teal baked goods in honor of Sexual Assault Awareness Month.

4 MARGINAL BODIES, QUEER CONSENT

April 11th 4:30-6PM
UW-S Campus, Old Main Pope Center
Resource fair for LGBTQ+ folks and their allies to learn more about sexual assault in the community and obtain resources.

5 RED FLAG CAMPAIGN

April 15th
University of Wisconsin-Superior
A campaign highlighting dating violence on college campuses and the red flags that point to violence in relationships.

6 MOCK TRIAL

April 17th 5:30-9PM
UW-S YellowJacket Union, Great Room
Mock Sexual Assault Trial and discussion afterwards. Free dinner included! There will be sandwiches, chips, desserts, ice tea, coffee, and lemonade.

7 VIP MOVIE, DINNER AND DISCUSSION

April 25th 5-8PM
1201 Tower Ave, Superior, WI
Showing of "Audrie & Daisy" and discussion. Free dinner included! There will be pizza, breadsticks, salad, and punch.

MORE TO BE ANNOUNCED!

Thank you to the Sexual Assault Coordinated Community Response Team of Douglas County for their time, effort and resources.

Presenting CASDA's Spring 2019 Interns



Connor Brandvold is a social work student at University of Minnesota-Duluth and is interning with the Sexual Assault Program. They've dyed their hair every color of the rainbow, and, once, all the colors of the rainbow at one time! Connor says they're most proud of the LGBT training session they developed and facilitated at CASDA.

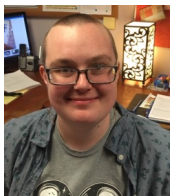
Jaimi D. is studying criminology and psychology at University of Minnesota-Duluth and is interning in CASDA's Children's Program. She has traveled coast-to-coast across the country and says she is "looking forward to helping those find a voice that don't have one."

Bailey Kinnunen is a legal studies student at University of Wisconsin-Superior, with a criminal justice minor. She is interning with CASDA's Legal Program and would like to be an attorney some day. Along with her demanding academic schedule, Bailey plays both softball and golf for UWS.

Sara Lemon is studying social work at University of Wisconsin-Superior and is interning with CASDA's Domestic Abuse Program. Sara just got a pug named Theodore Francis and is excited to learn about all the different services CASDA provides.

Jovann Mcknight is studying human services at Wisconsin Indianhead Technical College (WITC) and is interning in the Community Engagement Program. He is president of the human services club at WITC and says he's "excited to learn how to be an advocate" during his time at CASDA.

Courtney Remacle is enrolled in the Master of Social Work program at University of Minnesota-Duluth and is interning in CASDA's Emergency Shelter Program. Courtney served two years in Peace Corps South Africa and learned to live without running water, consistent electricity, and with a lot of bugs. Courtney's favorite part of being at CASDA is spending time with the clients.



New Domestic Abuse and Sexual Assault Program Coordinators Join CASDA's Staff

Melissa Hellerud-Storie is the new Domestic Abuse Program Coordinator at CASDA. She loves small woodland creatures and has a pet squirrel named Ruth. Melissa says, "What I like about my work is being able to provide support when people really need it the most." She also says that she's excited about being able to work with other community partners to address the root causes of domestic violence in Douglas County.

Nicole Thole is CASDA's new Sexual Assault Program Coordinator. Nicole says that what people usually notice about her is her highly expressive face! Nicole is excited to work at CASDA because she "has the opportunity to provide individualized support that's understanding of trauma. We don't do anything for people they can't do themselves, but we're able to provide the time and support to help people access the resources they need." Nicole is also excited about doing outreach in the community.

CASDA Works Toward Strategic Goals

CASDA's current strategic plan includes the following three goals, toward which the agency has been diligently working:

- To integrate primary prevention into programming
- To have sustainable financial and human resources, and
- To influence positive social change in our community

One way we are striving to influence positive social change is by developing more accessible services for populations we know we could be reaching more consistently and effectively. First, we are focusing on: 1) **Members of the LGBTQ+ community**, and 2) **Older (60+) adults**.

Educating ourselves about the needs of these groups is a big part of this process, and we are grateful for the **Douglas County Aging and Disabilities Resource Center (ADRC)** for recently bringing its free dementia awareness training program to CASDA to help us improve services to victims and survivors with dementia.

We also extend thanks to all our other local partners who help educate, serve and strengthen both CASDA and the community!



From L to R—Intern Jaimi, Children's Program Coordinator Sherry, Intern Sara, Intern Jovann, Community Engagement Coordinator Jill, Bayfield County Outreach Program Coordinator Kim, Domestic Abuse Program Coordinator Melissa, Sexual Assault Program Coordinator Nicole



A bevy of bedazzled CASDA advocates rang in the New Year at *Behind the Mask*. Pictured here from L to R: House Manager Ruth, Paralegal Jay, Community Engagement Coordinator Jill, Executive Director Kelly Burger, Sexual Assault Program Coordinator Nicole, Shelter Program Coordinator Jo, Domestic Abuse Program Coordinator Melissa, Outreach Advocate Denise



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SPECIAL THANKS TO:

Barker's Island Inn, Saratoga Liquor, Northland Special Events, Nummi Jewelers, Cash Wise Liquor, Allete Office Services, the Circuit Breakers, Quality Manufacturing Inc., and Christi Willette. Additional thanks to everyone who attended our Gala, donated or volunteered, or provided any other contribution of time, talent or goods!



★ Congratulations to Staff ★
Celebrating 2 or More Years
at CASDA!

- Kelly Burger, Executive Director—28 Years (Apr '19)
- Kim Marble-Follis, Bayfield County Outreach Advocate—16 Years (Jan '19)
- Dana Doyle, Director Of Program Services—11 Years (Mar '19)
- Ruth Hunter, Shelter House Mgr.—7 Years (Feb '19)
- Jill Hanners, Community Engagement Coordinator—6 Years (Sep '18)
- Joanne Sanders, Shelter Program Coordinator—6 Years (Jan '19)
- Kim Keskinen, Overnight Advocate—5 Years (May '19)
- Connie Gaier, Shelter Advocate—5 Years (July '19)
- Denise Selden, Outreach Advocate —2 Years (Sept. '18)
- Cindy Sweetnam, Attorney—3 Years (July '19)
- Jaramy Hansen, Paralegal—3 Years (June '19)
- Sherry Boock, Children's Program Coordinator—2 Years (Apr '19)

Save the date
to golf for CASDA!



Friday, July 26th
at Nemadji

Shot gun start at NOON, rain or shine.

Teams and hole sponsors needed!

Wear your wackiest socks for a chance to win a prize!

ANNOUNCING CASDA's 2019 CORPORATE SPONSORS!

Diamond Presenting Sponsor:



Platinum Sponsor: **Four Star Construction**



Gold Sponsors: Benson Electric, Dreamland Supper Club, Duluth News Tribune, Maurices, Scott Wallin, CPA, Superior Telegram, SWL&P



Silver Sponsors: Graymont, Holden Insurance, JMR Financial Group, JAMAR Co., Johnson Insurance Consultants, JR Jensen Construction, KBJR-6

CASDA Loves Volunteers!

In 2018, **110** volunteers (including interns and Board Members) contributed nearly **4,000 hours** to CASDA.

Volunteers included families, retirees, students of all ages, survivors of abuse and business employees. Volunteers provided services such as: transportation and childcare to help clients access appointments related to their goals for a safer future; fundraising support; assistance with awareness events and more. No matter what their role, volunteers help CASDA reach a greater number of people and serve them more effectively!

National Volunteer Week 2019 takes place APRIL 7-13. If you have volunteered for CASDA in the past year, please accept our deepest thanks!! To explore volunteer opportunities at CASDA, please contact jill@casda.org.

PLACE
STAMP
HERE

318 21st Ave E
Superior, WI 54880

