

# BREAK THE SILENCE



## EXPECT RESPECT

### SUPPORT GROUP

#### For Adolescent Girls ages 14-18

CASDA is offering a free and confidential Expect Respect Support Group that will provide an intensive prevention program for female teens who have been exposed to violence or abuse at home, or in their dating relationships. Support groups have been found to provide an emotionally safe environment, allowing members to discuss personal and often painful experiences without fear of being judged, ridiculed, or subjected to gossip and rumors. CASDA's Children's Program Coordinator, Alexa Connolly, will utilize creative activities to help group members explore and express their feelings about past abuse, as well as learn healthy relationship skills. Participants must be screened before attending. Call Alexa Connolly at CASDA for more information or to sign up.

**casda**  
Center Against Sexual & Domestic Abuse, Inc.



**Have you ever been hurt by someone you love?**

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**Are you confused about what love really is?**

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**Have you ever been pressured or forced to have sex?**

### CASDA

318 21st Ave E  
Superior, WI 54880  
(715) 392-3136

[www.casda.org](http://www.casda.org)

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Join us each Wednesday,  
February 5<sup>th</sup> – May 7<sup>th</sup>  
3:30 PM – 4:30 PM

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Snacks will be provided  
**AND**  
Participants will be eligible  
to win a **Kindle Fire**  
upon completion!