

CONNECTIONS

The Center Against Sexual and Domestic Abuse, Inc.

Fall 2016

OCTOBER
is
**Domestic Violence
Awareness Month (DVAM).**
Please help us recognize it!



CASDA's NEW LOOK!

CASDA is excited to announce the launch of our **newly redesigned website** at www.casda.org. Beyond the cleaner look of the home page, our new site offers mobile compatibility, easier navigation, and a wider range of resources both for survivors of violence and for others seeking education or support.

The new site also features **CASDA's new logo**, designed and donated by Šek Designs' Mike Smišek (www.sekdsgn.com/), who served as content strategist and designer throughout the redesign process.



The logo features a purple and teal dove enfolding a white dove in its wings. Teal and purple are commonly used to promote awareness of sexual and domestic violence, respectively, and the doves' tail feathers reflect the shape of the ribbons often worn to signify support for survivors and awareness of the trauma they have endured.

Upcoming Events

- **September 22nd-24th, 1-6 pm**, Harborview East End Super One hosts our annual spring Donation Drive to benefit CASDA's Emergency Shelter Program. (p. 2)
- **October 3rd-5th**, How Sweet It Is Bakery (207 W Superior St., Duluth) will offer purple treats to support DVAM!
- **October 4th, 10 am**, DVAM kicks off in the Douglas County Government Services Center atrium with a proclamation, speakers and purple flag planting. #paintyourtownpurple (p. 3) Also, leave your porch light on October 4th to show solidarity with victims and survivors!
- **October 13th-15th**, Red Mug Bakery (916 Hammond, Superior) will offer purple treats to support DVAM!
- **October 16th, 5-7 pm**, CASDA and World of Wheels host a Family Skate Night, organized by Superior HS student Rachael Tuve. (p. 5)
- **October 26th, 5:30-8:30pm**, UWS will host "Love and Bruises: Lessons on Domestic and Dating Violence" in the Yellowjacket Union Great Room. (p. 3)
- **December 31st, New Year's Eve, SAVE THE DATE** for CASDA's annual NYE Gala at Barker's Island!

Find CASDA online at www.casda.org, www.facebook.com/CASDAorg and <https://twitter.com/CASDASuperior>.

CASDA

Center Against Sexual & Domestic Abuse, Inc.

FALL INTO GIVING

Hosted by Harborview East End Super One



Our Mission

CASDA's mission is to provide supportive services to individuals affected by domestic violence, sexual assault, and child abuse as we advocate for a community effort to end violence.

Items Needed:

- **Gift Cards:** Any \$\$\$ amount
- **Non-Perishable Foods:** Coffee, sugar, cereal, noodles, sauces, boxed items, healthy snacks, soups, canned meats & fish, dried fruit, etc.
- **Household Cleaners:** Disinfectant spray/wipes, toilet bowl cleaner, Pine Sol, laundry detergent, dryer sheets, dish soap, Windex, etc.
- **Household Items:** Trash bags (45 & 13 gallon), toilet paper, paper towels, deodorant, Ziploc bags, facial tissue, hand soap, baby wipes, razors, lotion, conditioner, shampoo
- **Over the Counter Medications:** Tylenol, Advil, Tums, Cold medicine, Benadryl, etc.

When?

September
22nd – 24th
from
1:00pm –
6:00pm.

Where?

Harborview East
End Super One
2202 E 2nd St
Superior, WI

For Who?

All donations
benefit women
and children
survivors of abuse
residing in
CASDA's shelter.



CASDA and Community Partners Bring Domestic and Dating Violence Awareness to UW-Superior October 26th

Please join CASDA and members of the Douglas County Domestic Violence Coordinated Community Response Team on **Wednesday, October 26th, from 5:30—8:30 pm** in the Great Room at the UWS Yellowjacket Union for **“Love and Bruises: Lessons on Domestic and Dating Violence.”** Geared to both students and the general public, this event will feature informational resources, a panel discussion and a keynote address by expert Scott Miller, who has worked for the Domestic Abuse Intervention Project (DAIP) in Duluth since 2000, serving as both systems advocate and coordinator of the men’s nonviolence program at DAIP.



CASDA now offers morning AND evening support group times!

Upcoming topics include:

Triggers and Self Care Techniques, Positive Affirmations and Dreaming, Stress Reducers and Family Crafts. If you are interested in attending our support group for survivors of sexual and domestic abuse, call CASDA at 715-392-3136 for dates and times!

Plant a Purple Flag...or? Help CASDA Promote Domestic Violence Awareness!

CASDA’s Domestic Abuse Program Coordinator, Carla Pehl, pictures gardens of purple flags planted all around Superior and greater Douglas, Bayfield and Ashland Counties during October. This #paintyourtownpurple initiative gives businesses, community groups and individual citizens an easy, but highly visible, way to draw attention to the issue of domestic violence, recognize survivors and encourage victims to reach out! CASDA can provide flags and information cards to all who are interested, and we will also be handing them out at our “Fall into Giving” Donation Drive September 22nd-24th. Post pictures of your purple flags online and tag them #paintyourtownpurple so others can find them! Showcase your support of a community effort to end violence!

Visit CASDA’s Facebook page daily in October for facts and stats regarding domestic violence, and — for some sweet purple treats — visit participating bakeries on designated days. See our “Upcoming Events” listing and our Facebook page for more details.



#Paintyourtownpurple for Domestic Violence Awareness Month

Contact CASDA at 715-392-3136 or Carla@casda.org if you would like some purple flags to plant in your yard or business!

EXCITING ADDITIONS TO CASDA'S PROGRAMS AND PARTNERSHIPS

Agencies Work Together to Close the Opportunity Gap

CASDA is one of ten organizations selected to receive a portion of \$1.5 million awarded by the Duluth Superior Community Area Foundation for innovative work supporting children and families in poverty and helping to narrow the "Opportunity Gap" in the Twin Ports. Referring to the vast and widening differences in opportunities available to poor and rich children nationwide, the Opportunity Gap threatens the ability of communities and the nation to solve problems, seize opportunities and achieve goals for education and economic growth.

CASDA shares its \$295,000 grant with First Witness Child Advocacy Center and All Nations Indigenous Center, which together are hiring three Community Advocates to provide street outreach, advocacy, and information and referral services to children, parents and other family members engaged in social services or family court matters involving the safety and protection of their children. The goal is for families to stay intact, while ensuring safety and building resiliency for all members of the family. Each of the collaborating agencies will house one Community Advocate, and all three advocates will communicate and coordinate to provide quality services to Twin Ports area families in need. CASDA extends its deepest gratitude to First Witness Executive Director, Beth Olson, for taking the lead in facilitating this partnership, and our staff looks forward to learning from and deepening our connection with both of our collaborating agencies!

CASDA Welcomes New Interns

Joining CASDA's team this fall are **Calleigh Steichen** and **Lauren Hoffer** from **UMD's Psychology Program**; **Beth Kevan** from **WITC's Human Services Program**; and **Rebecca Johnson** from **UMD's Social Work Program**. They will complete a variety of CASDA projects in support of our community effort to end violence!

LEGAL PROGRAM UPDATES

CASDA is pleased to introduce our new Attorney, **Cynthia (Cindy) Sweetnam**, and new Paralegal, **Jaramy (Jay) Hansen**.

Cindy has been a member of the Wisconsin Bar since 1999. She previously practiced civil litigation and environmental law in the Milwaukee/ Racine County area. She took a break from practicing law and moved to the Twin Ports to raise her family with her husband. She is very excited to join CASDA and serve its mission, using her civil litigation experience to assist victims of domestic abuse. Cindy will represent clients in divorce and custody matters in Douglas, Ashland, and Bayfield Counties.

Jay is an attorney from Michigan returning home to help the area that made him who he is! He is excited to be at CASDA to help guide our clients through the legal world, which can be very frustrating at the wrong times. He is looking forward to continuing the great work here at CASDA. Jay assists with the filing of court documents, provides legal advocacy, and completes additional CASDA legal projects as needed.

New CASDA Neighbor in Bayfield County

CASDA's Bayfield County Outreach Program is thrilled to announce that NorthLakes Clinics will be sharing the building where our Washburn office is located. NorthLakes has added this greatly needed mental health resource of therapists available for our surrounding communities.

CASDA's Bayfield County Advocate, Kim Marble-Follis, looks forward to making and obtaining appropriate referrals to and from this new resource and pointed out how fortunate we are to have additional supports for victims of violence. Two of the therapists practicing in Washburn have extensive history of working with domestic abuse victims, in particular. How fitting that we welcome this new neighbor as we approach Domestic Violence Awareness Month!

ROLLER- SKATING TOWARD RESPECT

Family Skate Party
to End Domestic Violence
and Support CASDA

Hosted and Sponsored by



Sunday, October 16th, 5-7 pm
1218 Oakes Ave, Superior, WI

Donations to CASDA gratefully accepted.

Free Admission.
Basic Skate Rental Included!
Face-Painting & other Tiny Tot Activities!

Concessions available for purchase from World of Wheels.

Event organized by Rachael Tuve, Superior HS Senior

Superior High School Senior Organizes CASDA Family Event

CASDA recognizes and thanks Superior High School student Rachael Tuve for choosing our agency and mission as the focus for her Senior Project! To that end, she has organized a family roller skating party hosted at the World of Wheels, who graciously donated the space for this special Domestic Violence Awareness Month event. We hope you can join us Sunday, October 16th, for some family fun! Admission is free, although free-will donations to CASDA are appreciated! In keeping with Rachael's wishes, all proceeds will be directed to CASDA's support group program for survivors of domestic abuse.

You can meet Rachael at the event and view a video she produced to help build awareness of Domestic Violence. Thank you so much for all your work and efforts, Rachael!

**602 Domestic Violence
Incidents Reported to
Superior Police and
Douglas County Sheriff
Depts. Last Year**

At least a third
of American
children have
witnessed
violence
between their
parents at some
point in their
lifetime.

**LO
LOVE
SHOULDN'T
HURT**

*CASDA would like to thank everyone who made our 2016
"Socks for Survivors" Golf Scramble a wonderful event!
We especially thank our 2016-17 Major Sponsors:*

GOLD SPONSORS



SILVER SPONSORS

Holden's Insurance Agency, Inc.

Johnson Insurance Consultants

US Bank



*See you again
Friday, July 28, 2017!*



318 21st Ave E
Superior, WI 54880

PLACE
STAMP
HERE