



October is  
Domestic Violence  
Awareness  
Month!

# Connections

The Center Against Sexual and Domestic Abuse, Inc.

Fall 2019

## The Impact of Domestic Violence on our Community

By Amanda Reese, CASDA Volunteer

This October marks 38 years of formally recognized Domestic Violence Awareness in the United States. Originating from the *National Coalition Against Domestic Violence's* Day of Unity, the initiative has evolved into the month-long awareness campaign we know today.

Domestic violence affects millions of individuals: **people of every race, sex, gender identity, sexual orientation, age, and economic level.** Here in Wisconsin 47 people lost their lives due to domestic violence in 2018, according to the *Wisconsin Domestic Violence Homicide Report*. According to the *National Coalition Against Domestic Violence*, **one in four U.S. women and one in nine U.S. men** experience severe violence from intimate partners and, on average, nearly 20 people per minute face physical abuse from partners.

The social cost of domestic violence can be seen in the increased rates of anxiety, drug abuse and generational violence from those who witnessed violence in the home as children (CDC). These community members can expect to have higher medical bills, lower educational attainment, and lower rates of employment due to a high stress environment (IWPR #B367.)

These discouraging outcomes and staggering statistics reflect the individual cost of domestic violence, but we must also acknowledge the cost and responsibility we bear as a community. The national economic impact was calculated at \$5.8 billion per year by the US Government (CDC) through costs relating to healthcare, criminal behavior, and loss of labor market productivity. Of that \$5.8 billion, over \$4.1 billion is for direct medical and mental health services.

**As a community we must do better!** Domestic violence affects us all and we must help by calling out abusive behavior, improving the lives of survivors, and creating safe places for those directly impacted by intimate partner violence. A good place to start is at the Domestic Violence Awareness Month Proclamation and Kickoff on October 1<sup>st</sup> at the Douglas County Government Center. **I will be there; will you?**

### October Events

#### Tuesday, October 1st, 10-11 AM

Domestic Violence Awareness Month Proclamation & Kickoff, featuring speeches by survivors and community leaders. ~Douglas County Government Center Atrium, Superior

#### Thursday, October 17th, 4:30 –7 PM

"Why Does She Stay?" FREE Domestic Violence Awareness community training to help participants understand common barriers faced by victims who wish to break free from an abusive relationship. ~VIP, 1201 Tower Ave., Superior  
Pizza, salad, and beverage provided!

#### Saturday, October 19th, 8-10 AM

Domestic Violence Awareness Month Flapjack Fundraiser for CASDA, featuring a delicious breakfast served by CASDA staff and volunteers!  
~Applebee's, 3605 Tower Ave., Superior

#### Sunday, October 20th, 11 AM & 2 PM

"No Time to Spare" CASDA Bowl-A-Thon to Strike Out Domestic Violence!  
See flyer on p. 3.  
~Village Lanes, 6419 Tower Ave., Superior

### Coming up in December

#### Tuesday, December 31st, 7:00 PM

Annual New Year's Eve Gala "Behind the Mask" ~Barker's Island Inn, 300 Marina Drive, Superior

For more information about any of these events, please visit [www.casda.org](http://www.casda.org) or email [info@casda.org](mailto:info@casda.org).

# What Makes a Relationship Healthy?

RESPECT

EQUALITY

SAFETY

TRUST

**Respect** is appreciating your partner's views, opinions, beliefs, and decisions—

*Healthy* - I understand and accept your decision, (even if I don't agree with it).

*Unhealthy* - I don't care about your opinion. My way is the right way.

**Equality** is about making decisions together and having the same amount of voice and power.

*Healthy* - We are equals in this relationship.

*Unhealthy* - I make the decisions for both of us.

**Safety** is about knowing that your partner(s) won't hurt you — physically, emotionally, psychologically, or otherwise.

*Healthy* - We keep each other safe.

*Unhealthy* - I'll take care of you, but only if you do what I want.

**Trust** is about knowing that you can believe your partner(s), that they are saying what they mean, assuming that they will reasonably act in ways that are good.

*Healthy* - I don't need to know what you're doing every minute; I trust you.

*Unhealthy* - I always need to know where you are and who you're spending time with so I know if I can trust you.

Visit [loveisrespect.org](http://loveisrespect.org) for more information and resources.

loveisrespect's purpose is to engage, educate, and empower young people to prevent and end abusive relationships.



love is respect org

A Healthy Relationship is shaped by  
**RESPECT, EQUALITY, SAFETY, & TRUST**

# Don't miss this Family-Friendly Fundraising Event!!

Just \$15/person for bowling + rentals, prize opportunities, pizza, and drink!

## Center Against Sexual & Domestic Abuse's



### DOMESTIC VIOLENCE AWARENESS MONTH

**Register your team & bowl to 'strike out' Domestic Violence!**

Village Lanes \* 6419 Tower Ave \* October 20, 2019 \* 24 Teams\* Shift Times: 11am & 2pm

**\$75/Team Includes:** 5 Bowlers, Lane, Shoe Rental, Pizza & Drink

#### Team Prize Categories:

- Highest Team Score
- Most Pledge Money Raised
- Creative Team Vibe

#### Info & Registration:

**(715) 392.3136**

**[www.casda.org](http://www.casda.org) or [facebook.com/CASDAorg](https://facebook.com/CASDAorg)**



Collect additional pledges to support CASDA's Mission:  
to provide supportive services to individuals hurt by domestic  
violence, sexual assault and child abuse as we advocate for a  
community effort to end violence.

Find CASDA online at [www.casda.org](http://www.casda.org), [www.facebook.com/CASDAorg](https://facebook.com/CASDAorg),  
on Instagram at [casdasuperior](https://www.instagram.com/casdasuperior), and on Twitter [@CASDASuperior](https://twitter.com/CASDASuperior).



## Introducing CASDA's New Bayfield County Outreach Coordinator!

This July, CASDA welcomed a new Bayfield County Outreach Program Coordinator! **Justine Rufus** has been working in the human services field for ten years. In that time, she has helped establish two non-profit organizations, rewrite domestic violence codes for the Red Cliff tribe, as well as direct the Red Cliff Family Violence Program. In addition to these accomplishments, CASDA anticipates that Justine's Native heritage and connections to local tribes and tribal systems will help improve our agency's outreach and services to Native families and survivors.

From her outreach office in Washburn, Justine addresses all issues covered by CASDA's mission, including sexual assault, child abuse, and domestic violence. Keeping those areas in mind, she provides services to survivors by collaborating with local hospitals and law enforcement to assist clients in Bayfield and Ashland counties.

Justine hopes to reestablish and strengthen CASDA's presence in Bayfield and Ashland counties. She is currently meeting with local law enforcement leaders to further her outreach to the community. She is also in the process of updating protocols for Drug Endangered Children, and she will be collaborating with other service providers on the Coordinated Community Response Teams in Bayfield and Ashland counties.



When asked about her favorite food, Justine said, "Anything wrapped in bacon is *delicious*." As for other passions, Justine is a self-described "extreme shopper," who loves to find bargains and save money!

*Bayfield County Outreach- 715-373-0870*

## SIGNIFICANT GRANT ALLOWS CASDA TO ADD NEW POSITIONS

CASDA is excited to announce that thanks to a significant grant from the Victims of Crime Act fund via the WI Department of Justice, we will add two new positions this fall, as well as change one existing position, for improved services to local victims and survivors. **New positions include a full-time Sexual Assault Campus Advocate**, who will help us reach local college students, and **two part-time Crisis Response Advocates**, who will support victims outside of regular business hours. With this grant, we will also be replacing our current paralegal position with a **second attorney**, who will primarily represent clients petitioning for a restraining order. Already a licensed attorney, our current paralegal, **Jaramy Hansen**, will transition into this new role starting October 1st.

A huge thank you to everyone who supported or participated in our July 27th golf scramble, "Socks For Survivors!"



## Presenting CASDA's Fall 2019 Interns

**Emma** is an undergraduate in the Social Work Program at UMD. She is currently interning in CASDA's Children's Program. Emma likes the inclusive and friendly office culture at CASDA, and her favorite movie is *The Breakfast Club*.



Emma & Greta

**Greta**, who is also studying social work at UMD, is interning in the Shelter Program. Greta enjoys being able to help clients at CASDA every day. Her favorite movie is *Hot Rod*.

**Afton** is pursuing a Master's degree in social work at UMD. She is interning in CASDA's Domestic Violence Program. What she likes most about interning at CASDA is going to court and learning about the legal system. Her favorite movie is *Twilight*.

**Melanie** is currently in the Human Services program at WITC. She is interning in the Community Engagement Program. One of her favorite things about CASDA is being able to learn new tools and resources to help clients. *La La Land* is her favorite movie.



Afton & Melanie

## Seeking Board Members!

CASDA is currently recruiting new members for our volunteer Board of Directors! Board members bring professional and/or personal experience in areas such as finance, fund development, planning, personnel, policy, non-profit management, legal issues, abuse issues, and marketing. A board term lasts three years.

**Prospective board members must be committed to our mission** of providing supportive services to individuals hurt by domestic violence, sexual assault, and child abuse while we advocate for a community effort to end violence. **We also value diversity on our board**, and we hope that individuals who have utilized CASDA's services in the past or whose lives have been personally affected by abuse will consider applying.

**To inquire about board positions, please contact [Kelly@casda.org](mailto:Kelly@casda.org).**

## Congratulations to Staff Celebrating 2 or More Years at CASDA!

**Kelly Burger, Executive Director—28 Years**  
(Apr '19)

**Dana Doyle, Director of Program Services—11 Years**  
(Mar '19)

**Ruth Hunter, Shelter House Manager—7 Years**  
(Feb '19)

**Jill Hinners, Community Engagement Coordinator—7 Years**  
(Sep '19)

**Joanne Sanders, Shelter Program Coordinator—6 Years**  
(Jan '19)

**Kim Keskinen, Overnight Advocate—5 Years**  
(May '19)

**Connie Gaier, Shelter Advocate—5 Years**  
(July '19)

**Denise Selden, Outreach Advocate —3 Years**  
(Sept. '19)

**Cindy Sweetnam, Attorney—3 Years**  
(July '19)

**Jaramy Hansen, Attorney—3 Years**  
(June '19)

**Sherry Boock, Children's Program Coordinator—2 Years**  
(Apr '19)

# SAVE THE DATE! New Year's Eve 2019 "Behind the Mask" Gala DECEMBER 31st at Barker's Island Inn

Presented by:



With additional support from the following generous sponsors:



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*In addition to our 2019 major sponsors, CASDA would like to thank all of our other supporters, whether you have donated money, time, or goods; organized a fundraiser; or helped spread the word! We couldn't carry out our mission without you!!*

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