

CONNECTIONS

CENTER AGAINST SEXUAL AND DOMESTIC ABUSE



Sexual Assault Awareness Month

To raise awareness to Sexual Assault Awareness Month, the Center Against Sexual and Domestic Abuse, Inc. (CASDA) will collaborate with community partners throughout the month of April to highlight the disheartening realities of sexual assault, raise funds, share information, and provide opportunities to support the cause as community members.

Monday, April 3rd @ 11 am:

Join CASDA at the Douglas County Courthouse Atrium for the official proclamation by Mayor Payne for Sexual Assault Awareness Month!

Thursday, April 6th @ 11 am - 2 pm:

Join us at University Wisconsin - Superior campus at Yellowjacket Union to help decorate shirts in honor of survivors of violence - the shirts will be displayed at UWS through SAAM.

Friday, April 7th @ 5:30- 7 pm:

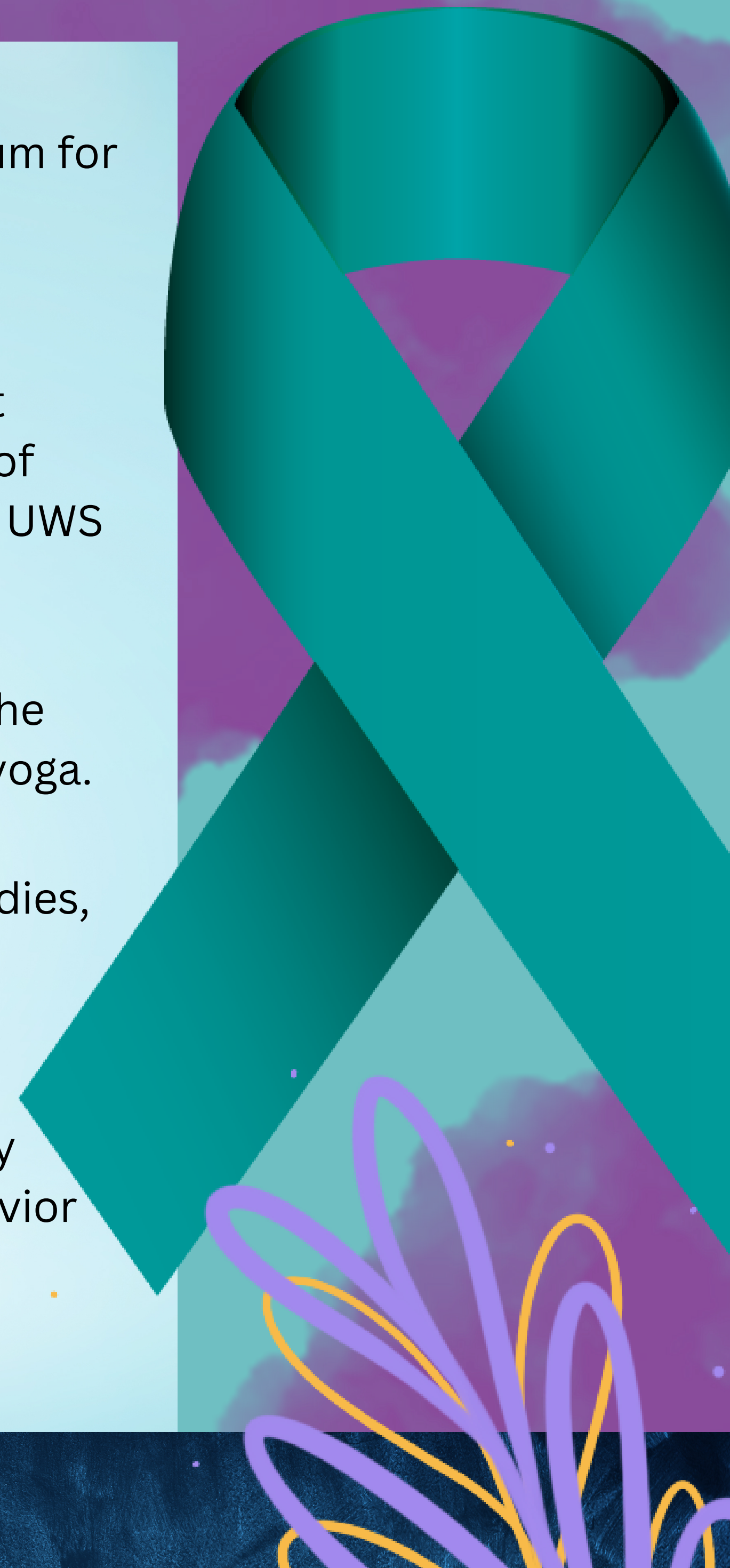
Join CASDA's very own certified yoga instructor at the Strength Factory for a session of Trauma-Informed yoga.

Friday, April 15th @ 5:00 - 6:30 pm:

Join us at the Pope Student Center for "Marginal Bodies, Queer Consent" to hold a discussion on "queering consent" in relationships and intimate connections.

Wednesday, April 26th @ 5:00 - 7:00 pm:

Join us at VIP Pizza in commemorating Denim Day by Decorating jeans. Denim Day presentation and survivor story will also be shared.



Realities of Child Abuse

research by Sky Sturm, Superior High School Senior

Child abuse is physical, sexual, and psychological mistreatment or neglect of a child.

Statistics:

According to the CDC, about 1 in 4 girls and 1 in 13 boys in the United States experience child sexual abuse. Studies by David Finkelhor, Director of the Crimes Against Children Research Center show that:

- During a one year period in the U.S. 16% of youth ages 14-17 had been sexually victimized
- Over the course of their lifetime, 28% of U.S. youth ages 14-17 had been sexually victimized
- Someone known and trusted by the child or the child's family member are the abusers 91% of the time.
- Every day about 360 teens are treated in emergency departments for assault injuries – CDC
- A large number of teens involved in dating relationships experience violence from their partners and consider this to be normal.
- 1 in 5 teens involved in a serious relations claim being slapped, hit, pushed, or shoved by the other partner

Mental and Emotional effects:

- Low self-esteem
- Difficulty establishing or maintain relationships
- Trust issues
- Intimacy issues
- Thinking violence is normal in a relationship
- Eating disorders
- Personality disorders
- Behavioral disorders
- Depression
- Anxiety disorders
- PTSD
- Insomnia/nightmares

Physical effects:

- Physical disabilities
- Learning disabilities
- Substance abuse
- Premature death

Behavioral effects:

- Illegal or violent behavior
- Abuse of others
- Suicide attempts or self-injury
- Problems in school/not finish school
- Limited social and relationship skills
- Problems with work or staying employed

Researchers have estimated that between 3.3 million and 10 million children are exposed to adult domestic violence each year



CASDA NEEDS YOUR Denim!



CASDA is requesting denim donations of all sizes to use for a variety of Sexual Assault Awareness Month events such as Denim Day!

**Donations can be dropped off M-F
8:00am-4:00pm at 318 21st Ave E, Superior, WI**



54880

The Denim Day story begins in Italy in 1992, when an 18-year old girl was raped by the 45-year old driving instructor who was taking her to her very first driving lesson. He took her to an isolated road, pulled her out of the car, removed her jeans and forcefully raped her.

She reports the rape and the perpetrator is arrested and prosecuted. He is then convicted of rape and sentenced to jail. Years later, he appealed the conviction claiming that they had consensual sex. The Italian Supreme Court overturned the conviction and the perpetrator was released. A statement from the Court argued that because the victim was wearing very tight jeans, she had to help him remove them, and by removing the jeans it was not rape but consensual sex. This became known throughout Italy as the "jeans alibi."

Enraged by the verdict, the women in the Italian Parliament launched a protest wearing jeans on the steps of the Supreme Court. This protest was picked up by international media which inspired the California Senate and Assembly to do the same on the steps of the Capitol in Sacramento. Patti Occhiuzzo Giggans, Executive Director of Peace Over Violence, saw this in the media and thought everyone should be wearing jeans to protest all of the myths about why women and girls are raped. Denim Day in LA was born. The first Denim Day in LA event was held in April of 1999, and has continued annually since.

meet our new Sexual Assault Campus Advocate, Gabe!

Our Sexual Assault Campus advocate is responsible for providing advocacy services to students from the University of Wisconsin – Superior (UWS) campus who have experienced sexual violence. This advocate coordinates campus education events, provides community and campus information, and gives referrals. They also serve as CASDA's liaison to the Wisconsin Indianhead Technical College (WITC) community.

"My name is Gabriel Sexto and my pronouns are he/him. I am super excited to get to work with not only cool and caring individuals, but with a supportive team as well. I'm from Foxboro, WI and I've lived in this area my whole entire life! I love the natural beauty and the fact you almost never run out of things to do around here. In my spare time I love to workout, hunt, and find new adventures. I'm known for my sense of humor as well. I graduated from the University of Wisconsin-Superior in December of 2022 with my bachelor's in communications and my minor is in psychology. The reason I came to CASDA is because I want to make a difference in the world. I have always felt my purpose in life is to help people and I believe this is a good place to be in order to do that."



meet our new Sexual Assault Program Coordinator, Ellie!



Our Sexual Assault Program Coordinator is our resident expert on sexual assault, working with victims and survivors of sexual violence. She also works with community members and other local agencies to address the impact that sexual assault has on our community and make changes in order to prevent sexual assault from occurring.

Ellie graduated from UW-Superior in 2022 with a double major in psychology and criminal justice. In that time, she has retained a passion about advocating for survivors. One of Ellie's goals is to provide education and training in the community that works to provide awareness on the harms that rape culture and myths have for survivors of sexual assault. Another major focus is to provide support to clients in their own personal path of healing through empowerment and advocacy. Ellie is excited to create more connections with other organizations in the community so there can be greater awareness and prevention efforts for sexual assault.

Ellie is involved in several teams including MDT, St. Louis County SMART, and Douglas County Human Trafficking Team. In her free time, she enjoys weightlifting, hiking, and spending time with her cat.

meet our new Children's Program Coordinator , Katie!

The Children's Program Coordinator provides supportive services to child and teen victims and witnesses of abuse. She provides safety planning assistance as well as help with healthy communication skills, setting boundaries and improving self-esteem.

In 2003 Katie graduated from UW-Madison with a BA in English and a Certification in Women's Studies. During her time at UW she began a work-study position at Domestic Abuse Intervention Services and earned an award for streamlining their crisis line manual to ensure expediency for survivors of violence.

Katie knew at a young age that she wanted to advocate for children and adults subjected to abuse. That being said, she has over eight years experience working with survivors. A goal that Katie brings with her to CASDA is the importance of destigmatizing reaching out for help after experiencing trauma such as sexual and domestic abuse. Katie looks forward to maintaining and strengthening ties with local organizations and schools serving children and their families. In her free time Katie writes essays, children's stories, and poetry. She also loves time with her children and cats. This summer you will find her on the lake using her kayak or enjoying underwater music.



LGBTQIA2S+ COMMUNITY



FOCUS GROUP

WE WANT TO HEAR FROM YOU

JOIN US FOR A DISCUSSION ON SERVICES GAPS FOR THE LGBTQIA2S+ COMMUNITY

APRIL 5TH AND APRIL 19TH
AT 9AM-11AM
OR 5:30PM-7:30PM
AT 318 21ST AVE E SUPERIOR

REGISTRATION REQUIRED

FOOD AND DAYCARE WILL BE PROVIDED IF NEEDED
GIFT CARDS WILL BE PROVIDED TO PARTICIPANTS



CENTER AGAINST SEXUAL AND DOMESTIC ABUSE (CASDA)
318 21ST AVE E SUPERIOR, WI
ANY QUESTIONS, CALL 715-392-3136



SEXUAL ASSAULT AWARENESS MONTH EVENT

Gentle Yoga

Strength Factory in Superior, WI
625 Hughitt Avenue
April 7th at 5:30PM

JOIN US FOR A GENTLE YOGA SESSION IN A SAFE SPACE.

Event starts with a brief overview of CASDA's services and trauma informed yoga. Gentle and calming yoga session will follow.



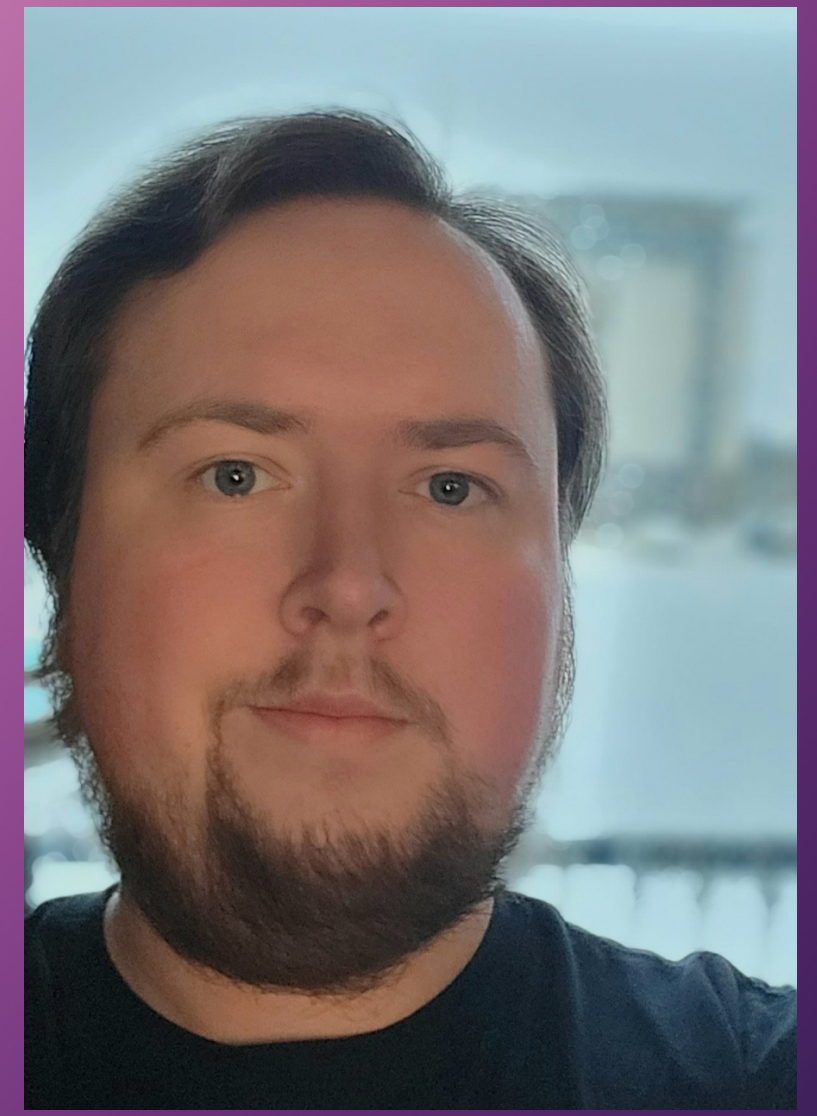
Free Event! Everyone is welcome. Please bring your own yoga mat.



Our new legal intern, Mac!

"My name is Mackenzie Jardine; I was born in Superior, and went to high school in the original giant doughnut, and now attend UWS!

I was a part of the high school archery team and pep band, and my first job here in town was giving tours at Fairlawn and the SS Meteor. Some of you might even recognize me from there, though I definitely didn't have any facial hair at the time! I chose to intern with CASDA in my desire to help others. I've heard many times the good CASDA does for the community, and this internship represents a chance to learn from the people doing that good work and understand how to do so myself in the future!"



Meet our new fill-in advocates



Sam

"My name is Sam and I am a mother of 4 really cool children. I enjoy finding ways to free myself and tune in through pursuits of passion which include the arts- painting, dancing, cooking, exercise and helping others.

I like working for CASDA because I have also endured challenging times, and am now in a place to give back and support others."

Renee

"My name is Renée Joy. I am Nae Nae to some and Mother of wolves to others. My love is fierce, but my heart is gentle. I find wisdom and strength amongst nature and animals. I am a traveler. I find courage and inspiration in people and places all over the world. I have a thirst for knowledge and understanding that I seek through literature, music, art and humanity. I am here to help people reclaim their very own lives filled with self-love, self-respect and hope, no matter what trial is set before them."



"I love interning for CASDA because I have the opportunity to share the successes of women (and men!) who are in the midst of going through one of the most emotional experiences in their lives. Being a part of their healing journey is so rewarding. Aside from this, I love seeing non-profit work at its finest. Like any other non-profit, CASDA has such a strong team that works so hard on keeping things in the shelter and community running smoothly."- Shelter Intern, Alyssa Koktavy

THE 11TH ANNUAL
SOCKS FOR SURVIVORS
golf scramble!

JULY- THURSDAY 27TH
TEAM CHECK IN: 8 AM
SHOTGUN: 9 AM

NEMADJI GOLF COURSE
SPONSORED BY MAC SPORTS AND MARINE

live music by
Ramblin' Rog!



We have made it easier
than ever to donate to Casda!



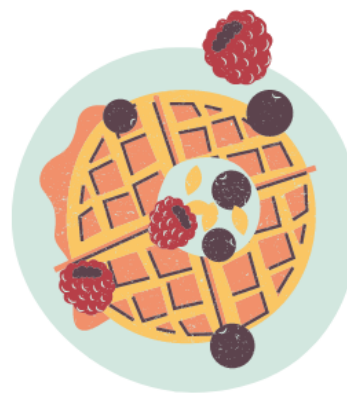
1. Visit us at casda.org
2. Click on the purple **Donate** button on the bottom left hand corner of our homepage.
3. Make your selection and you're done!

SUPPORT SEXUAL ASSAULT
AWARENESS MONTH WITH
WAFFLES FROM

**SUPERIOR
WAFFLES**

A percentage of total sales will be going to
CASDA to support our work!

**HEAD OVER TO SUPERIOR
WAFFLES ON APRIL 27 OR 28
AND BUY A DELICIOUS WAFFLE
TO SUPPORT CASDA!**



1412 Tower Ave,
Superior, WI



April 27 & 28
8AM-3PM

Thank you!

Midwest
Communications



A MAC Sport and Marine Company





kate spade
NEW YORK



PURSE BINGO!



MICHAEL KORS

May 6th - 12:00 PM - Belgian Club - Superior, WI

bingo

50/50 raffle

cash bar & \$5 walking tacos

wide selection of designer purses & wristlets

Pay at door - 18 + to enter - \$40 per bingo package - 14 games

First come first serve! 230 maximum capacity

License #
3808



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CENTER AGAINST SEXUAL & DOMESTIC ABUSE INC.

Come reel in your very own designer purse with CASDA on fishing opener weekend!

CASDA's first ever Purse Bingo fundraising event will be located at the Belgian Club on May 6th @ 12:00 pm.

Brands will include Kate Spade, Coach and Michael Kors!

There will be a 50/50 raffle along with a cash bar, \$5 walking tacos, and a wide selection of designer purses & wristlets!

PAY AT THE DOOR: 18 + to enter
\$40 per bingo package
14 games
first come first serve! 230 maximum capacity

All proceeds will help keep CASDA's vital services present in our community. Purse Bingo is an exciting opportunity to support our organizations mission in efforts to end sexual, domestic, and child abuse.

Can't wait to see you there!
not all purses are pictured



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318 21st Ave. East
Superior, WI 54880

